

## **Fenton's Procedure**

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**Tena koutoukatoa, Kia orana, Talofa lava, Malo e lelei, Fakaalofalahiatu, Taloha Ni, Ni  
Sa Bula Vinaka,  
Greetings and Welcome to National Women's**

### **What is Fenton's Procedure?**

This procedure is to correct vaginal incisions that have over repaired themselves leaving scar tissue, and a raised area within the vagina. This can become sore and cause pain during intercourse.

During Fenton's procedure the scar tissue is removed, and the edges of the incision are stitched together.

### **Discharge Information**

- Your stitches will dissolve after approximately 2 weeks.
- Use sanitary pads, not tampons.
- Avoid spa pools and swimming pools and sitting in water for 2 weeks.
- Shower, and keep the area clean and dry.
- Take regular paracetamol for pain relief. Try not to sit for extended periods.
- If you have a high temperature, heavy bleeding or discharge from the site. Please contact your GP.
- Sexual intercourse can be resumed after 2 weeks once the area is healed and you feel comfortable. It may be helpful to use a lubricant such as KY jelly.

*National Women's health, Gynaecology Service, Updated July 2015*