



#### Northern Region Fertility Service (NRFS)

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INFORMATION FOR  
THOSE WHO ARE  
ELIGIBLE FOR  
PUBLICLY FUNDED  
FERTILITY  
TREATMENT



**You are now eligible for publicly funded fertility treatment and have been enrolled with one of the fertility clinics in Auckland to receive treatment.**

**This information is to help you understand what that means. If you have questions after reading this please contact your fertility clinic [Fertility Plus, Repromed or Fertility Associates]**

- The waiting time from your first appointment to treatment is expected to be 8-12 months. All three clinics will have similar wait times.
- To be eligible for treatment you need to be a non-smoker and your BMI needs to be  $\leq 32$  (your BMI, or Body Mass Index, is a measure of your weight related to your height). Being a nonsmoker and not overweight increases your chance of having a healthy pregnancy and baby.
- A treatment package is normally completed within 18 months of it being offered to you.

**A treatment package is one of the options below. Your fertility clinic will explain which is the best option for you:**

- One full IVF cycle, including the transfer of any fresh or frozen embryos that were created in that IVF cycle (until you have 2 children in your family), or
- up to four cycles using intra uterine inseminations (IUI), using your partner's sperm or donor sperm, or
- up to four cycles of Ovulation Induction, or
- microsurgery for reversal of tubal ligation or vasectomy.
- You may be eligible for a second treatment package if you do not get pregnant from your first. Your doctor will plan a review appointment with you to work out if you are eligible for a second treatment.
- You will not be charged for your treatment package.
- You have to be living in New Zealand for the duration of your treatment.
- You need to have a postal address in New Zealand and a contact phone number where the clinic can make contact with you. Please contact your fertility clinic if your contact details change.