

Free* Health Services for Your Baby

Congratulations on your new baby!

The following services are free and help you to keep your baby healthy. It is important that you

1. Choose a family doctor (GP) 2. Choose a Well Child provider 3. Tell us who you've chosen. We will share your basic contact information with the services below so they know you have a new baby and can contact you if needed.

Family Doctor (GP)

Your GP team provides a range of free services for children from birth to 13 years of age. Please contact your GP team to confirm that your baby is enrolled before their 6 week check.

Well Child Tamariki Ora

Well Child Tamariki Ora providers give you information and advice about caring for your new baby. They provide regular checks to make sure your baby is growing and developing well. Please let your midwife know which provider you chose.

Newborn Hearing Screening

Your baby will be offered a hearing screening test to check whether they can hear well. If your baby has hearing loss they can get expert help which is important for language, learning and social development.

Oral Health

Your baby's first teeth appear about 5 to 6 months of age. Information about how to care for your baby's teeth and basic dental treatment is free for all children. Dental care and advice in baby's first year can help protect their teeth for life.

National Immunisation Register

The National Immunisation Register records childhood immunisations. This helps your GP team ensure your baby has all their immunisations on time. Immunisations protect new babies from serious diseases.

BCG Vaccination - Tuberculosis

Tuberculosis (TB) is an infectious disease. Some babies risk getting TB if they live with people from countries where TB is common. Your midwife will discuss it with you when your baby is eligible for a free BCG vaccination.

Your midwife and your Well Child Tamariki Ora health book has more information on all these services. If you do not want these services you can decline when you are contacted.

You have the right to see your information and to ask for your information to be corrected if you do not believe it is accurate. **Some services may incur a cost if your baby is not a New Zealand citizen.*