

## Welcome to NICU at Auckland City Hospital

Please take the time to read this information.

If your home address is outside of Auckland Central, this information is relevant to you.

All three District Health Boards (DHBs) in Auckland have neonatal facilities. In general, babies who receive care at Auckland City Hospital will return to their local hospital prior to going home.

### Waitemata

- Waitakere Hospital: This is the hospital for families who live west of Avondale
- North Shore Hospital: This is the local hospital for families who live on the North Shore

Both hospitals have small neonatal units for babies requiring special care (level 2).

**Waitemata DHB determines that these two units work together to provide care for all their district's level 2 babies. Usually babies are sent to the unit closest to their home, but sometimes if that unit is full, they will be sent to the other Waitemata Unit.**

### South Auckland

- Middlemore Hospital which serves South and East Auckland for babies requiring intensive care (level 3) and special care (level 2). Middlemore Hospital is the local facility for families who live south or east of Panmure.

### Auckland Central

- Auckland City Hospital which serves Central Auckland for babies requiring intensive care (level 3) and special care (level 2). Auckland City Hospital also cares for babies requiring intensive care (level 3) for Waitemata and for those babies who need the input of specialist services from Starship Hospital.

**If you do not live in the Central Auckland area, your baby will be transferred to the neonatal unit in your DHB once he/she is medically stable and fulfills the weight and age criteria that the neonatal units have agreed on. This will not usually be until at least 48 hours after birth.**

We endeavor to give you as much notice as able; at times, due to the acute nature of our service, this is not always possible.

Any of our healthcare team is available to answer your questions about this process.