

Punch Biopsy of the Cervix – Information for women

**Tena koutou katoa, Kia orana, Talofa lava, Malo e lelei, Fakaalofa lahi atu, Taloha Ni, Ni Sa Bula
Vinaka,**

Greetings and Welcome to National Women's

Advice to women following a punch biopsy of the cervix:

A small piece of tissue has been removed from the abnormal area on your cervix. This piece of tissue will be sent to the laboratory for further examination. Results from your biopsy will be discussed with you at your discussion appointment or we will write to you with the results. You are most welcome to phone the clinic for your results in 3 weeks.

The biopsy has left a small raw area on the cervix. It is quite normal to:

- have some slight bleeding or discharge for a few days
- notice a scab come away

To reduce the risk of any infection, and to prevent excessive bleeding, we suggest that you take the following precautions until the discharge has stopped which is usually 2 - 4 days:

- avoid intercourse
- use sanitary pads rather than tampons
- shower instead of having a bath
- avoid spa pools
- do not put anything in the vagina

Once the discharge has stopped you can resume normal activity.

If you have any concerns about the biopsy or require further advice, please telephone the Colposcopy Clinic between 8.30am - 4.00pm

Phone 631-0756 and ask to speak to a nurse.

If you require after hours assistance, please phone 367 0000 and ask to speak to a gynaecology nurse in the Women's Assessment Unit.