

# **Vulval Biopsy**

## **Advice to women following a vulval biopsy**

**Welcome to the National Women's Gynaecology Service**  
**Tena Koe Noho Ora Mai**

A small piece of tissue has been removed from the skin of your vulva. This piece of tissue will be sent to the laboratory for further examination to help reach a diagnosis of your skin condition.

### **Bleeding**

- The area may bleed for a few minutes after the biopsy.
- If further bleeding occurs, lie down, put a pad or gauze swabs over the biopsy site and press firmly for at least ten minutes.
- If the bleeding continues please ring the hospital (contact details below) or your General practitioner.

### **Pain and healing**

- The biopsied area may be a little tender for a few days.
- Be gentle with washing the area but wash as usual.
- If the area becomes very painful ring the hospital or your General Practitioner as this could be due to an infection.
- A scab will form over the biopsy site after a few days. This will lift off after about two weeks.

### **Contact details**

**If you have any concerns about the biopsy or require further advice, please telephone the Colposcopy Clinic between 8.30am - 4.00pm - ph 631-0756 to speak to a nurse or contact your General Practitioner.**

**If you require after hours assistance, please phone Auckland City Hospital on ph 3074949 and ask to speak to the nurse in the Women's Assessment Unit.**

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National Women's,  
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