

**Pathway for Iron  
Supplementation in pregnant  
women 26-28 weeks gestation**

Check Ferritin and FBC with 26-28 week bloods

Ferritin >50  
Hb >100 g/L

Ferritin <50 but >15  
Hb >100 g/L

Ferritin <15  
Hb >100 g/L

IDA\*  
no need for earlier  
delivery

IDA\* early delivery  
possible  
(e.g. IUGR)

No iron tablets likely  
to be necessary

? Iron tablets required  
later in pregnancy

Low dose iron tablets  
(1 Ferrotab/day)

Hb > 70  
g/L

High dose iron tablets  
(2 Ferrotabs/day)

Assess response after 4 weeks therapy

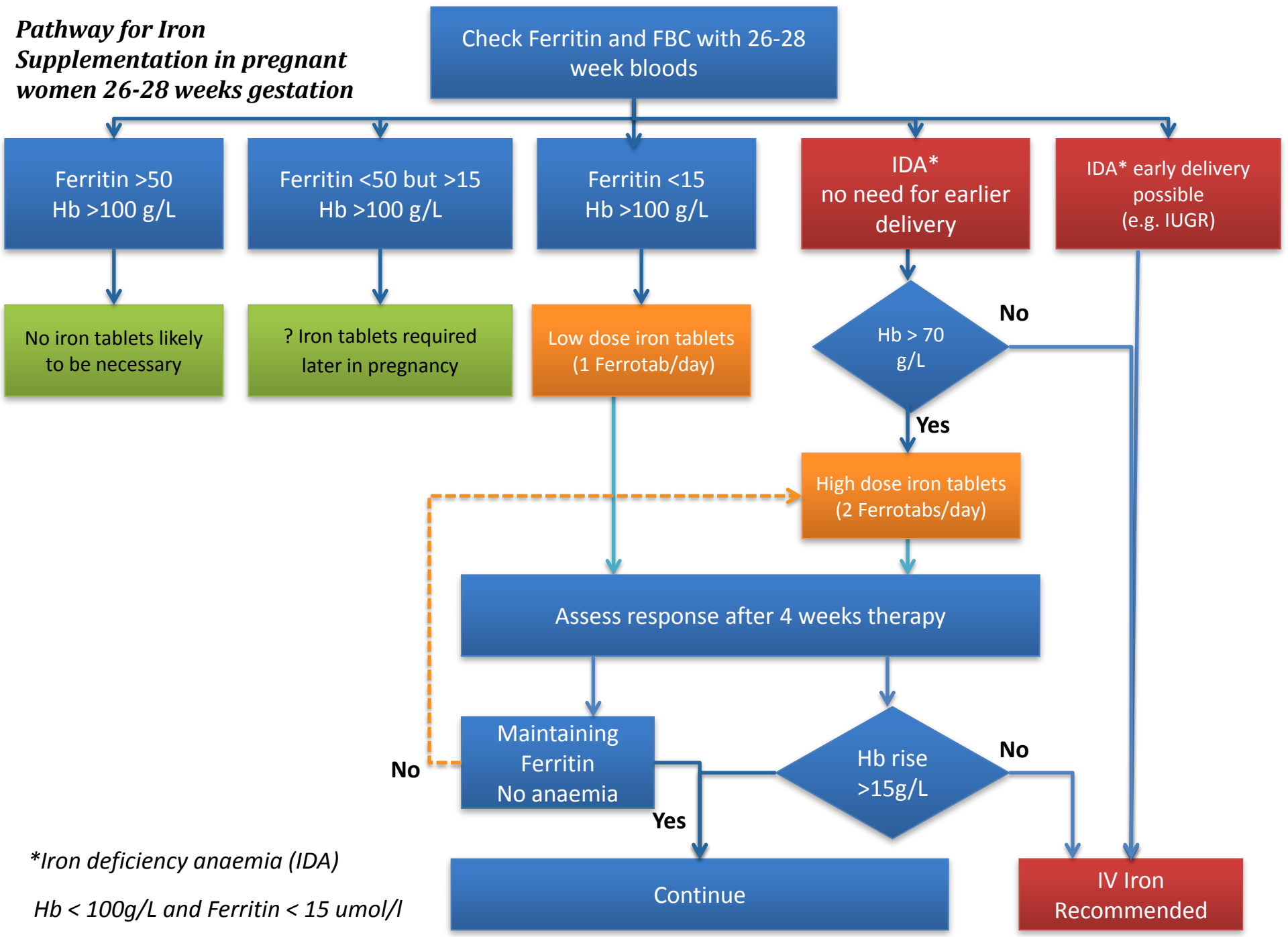
Maintaining  
Ferritin  
No anaemia

Hb rise  
>15g/L

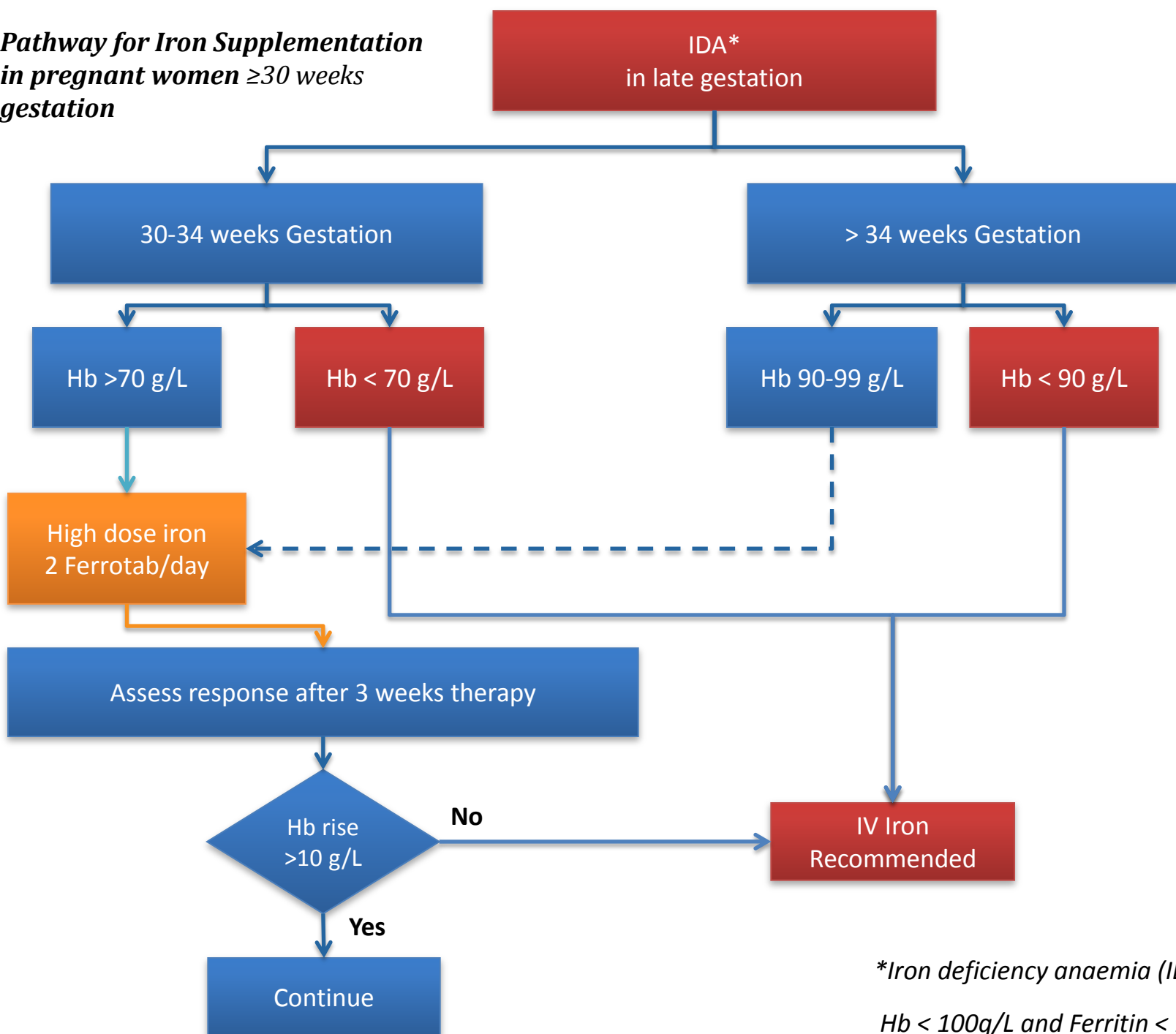
Continue

IV Iron  
Recommended

\*Iron deficiency anaemia (IDA)  
Hb < 100g/L and Ferritin < 15 umol/l



**Pathway for Iron Supplementation  
in pregnant women  $\geq 30$  weeks  
gestation**



*\*Iron deficiency anaemia (IDA)*

*Hb < 100g/L and Ferritin < 15 umol/l*