

Instructions for booking ECV under spinal anaesthetic

Eligibility

A spinal anaesthetic is offered to women who had a confirmed breech presentation at 34/40 scan that has failed to be converted to cephalic after one ECV attempt in DAU, or as a first line procedure if:

- Advanced gestation (37/40 or above) at referral for ECV
- Women with chronic pain, in particular pelvic arthropathy
- Algophobia or refusal of ECV in DAU

Booking Procedure – patient attends for ECV in clinic which is unsuccessful

1. Book the woman into the next available spinal ECV appointment–**a maximum of two women** may undergo ECV each Monday morning session.
 - If there are no women booked by the previous Wednesday this theatre space will be recycled by Jenny McDougall for Caesarean Sections.
2. Scan and email the Elective Caesarean booking form CR2952 with the date & time of ECV to the caesarean section scheduler (angelinab@adhb.govt.nz), who will ensure the woman is added to the theatre list.
3. Ideally ensure the “Agreement to Obstetric Treatment” form CR0119 is completed before the woman leaves DAU by the surgeon.
4. Ask the woman to complete form CR2049 (Pre-Assessment Health Questionnaire) & fax the completed CR2049 form to Level 9 Theatres (x25058) marked “ECV” in the “What operation will you be having?” box.
 - An anaesthetist will review this and invite the woman to preoperative assessment clinic if necessary; normally they will only be reviewed on the day of admission.
5. Write the appointment time on the “Reporting instructions for ECV” leaflet and give this to the woman, together with 2x150mg ranitidine tablets to be taken as instructed in the leaflet (one at 10pm night before and the other at 6am morning of ECV).
6. Please reinforce starvation instructions to the woman – *nil by mouth (except water) from 2am, 1-2 glasses of water to be taken at 7am (aiming for a full bladder for the procedure).*
7. Blood tests are not routinely required, unless there is potential for thrombocytopenia or coagulopathy.
8. Ensure the woman understands that she will be in hospital for several hours and will need someone to drive her home in the afternoon.

Booking Procedure – direct referral from LMC for ECV under spinal

1. LMC calls DAU to request an appointment; DAU advises LMC of appointment time—a **maximum of two women** may undergo ECV each Monday morning session.
 - If there are no women booked by the previous Wednesday this theatre space will be recycled by Jenny McDougall for Caesarean Sections.
2. DAU scans and emails the Elective Caesarean booking form CR2952 with the date & time of ECV to the caesarean section scheduler (angelinab@adhb.govt.nz), who will ensure the women is added to the theatre list.
3. LMC asks the woman to complete form CR2049 (Pre-Assessment Health Questionnaire) & faxes the completed CR2049 form to Level 9 Theatres (x25058) marked “ECV” in the “What operation will you be having?” box.
 - An anaesthetist will review this and invite the woman to preoperative assessment clinic if necessary; normally they will only be reviewed on the day of admission.
4. The LMC should write the appointment time on the “Reporting instructions for ECV” leaflet and give this to the woman, and reinforce starvation instructions to the woman – *nil by mouth (except water) from 2am, 1-2 glasses of water to be taken at 7am (aiming for a full bladder for the procedure).*
5. Blood tests are not routinely required, unless there is potential for thrombocytopenia or coagulopathy.

The LMC should ensure the woman understands that she will be in hospital for several hours and will need someone to drive her home in the afternoon.

Matt Drake.

SMO Level 9 Anaesthesia, July 2017.