

Free Stop Smoking Service available for pregnant women in Auckland & Waitemata

A new, FREE regional Stop Smoking Service in Auckland & Waitemata started on 1 July 2016 and is being delivered by ProCare and The Fono. The service is for all people wanting to stop smoking, with a particular focus on supporting Maori, Pacific and pregnant women. The service is free to anyone who lives, works, learns or plays in the Auckland or Waitemata DHB regions and are eligible for publically-funded health services.

The Stop Smoking Service provides the following:

- FREE four-week, face-to-face programme with group-based OR one-to-one sessions
- FREE Nicotine Replacement Therapy (NRT) - gum, lozenges or patches
- FREE Individual support

To refer a patient directly, you can choose one of the following options:

- Fax 09 377 7826
- email stopsmoking@procare.co.nz
- Phone referrals to 0800 500 601
- Use the Stop Smoking Referral Form online at www.procare.co.nz