

Useful websites

National Women's Health

www.nationalwomenshealth.adhb.govt.nz

Family Planning

www.familyplanning.org.nz

Medsafe: NZ Medicines and
Medical Devices Safety Authority

Consumer medicine information

<http://www.medsafe.govt.nz/consumers/cmi/j/jadelle.pdf>

Te Whatu Ora

Health New Zealand

Te Toka Tumai Auckland

Classification number: (Reviewed: November 2018)
National Women's Information Unit hiws@adhb.govt.nz

Te Whatu Ora
Health New Zealand

Your
Contraceptive
Implant: Jadelle

Information about your implant

Date of insertion _____

Your implant is called Jadelle. It works as a contraceptive straight away. The 2 contraceptive rods have been put in under the skin in the inner aspect of your _____ arm.

The gauze dressing can be taken off after 24 hours.

The plastic dressing can be taken off in 4-5 days' time.

Contraceptive cover

- If you are having a Jadelle insertion after a termination of pregnancy or immediately after having a baby, you will be protected straight away.
- If you are having a Jadelle insertion between day 1 and day 5 of your period you will be protected from unwanted pregnancy straight away.
- Insertion at any other time in the cycle means that you will not be protected from unwanted pregnancy for 7 days. During this time, avoid sex or use another form of contraceptive such as condoms.

Checking the position of your implants

After the plastic dressing comes off, you should check that you can feel the 2 rods under the skin.

If you are not able to feel them, you will need to go to Family Planning or your GP to check the position.

There may be some bruising, swelling or tenderness at the insertion site. This is normal and should settle in a few days.

What side effects might I have?

After your plastic dressing comes off, the small insertion scar should be healed over. If there is any redness or pain around the area, check this with your doctor.

The most common side effect is to have spotting bleeding inbetween your periods. This may improve with time but if it continues you may want to check this with Family Planning or your GP.

Removal of Jadelle

Jadelle provides contraception for up to 5 years but can be taken out at any time before this. You need to check if your GP does implant removal.