

Your Contraceptive Implant

Information for Women

Tena koutou katoa, Kia orana,
Talofa lava, Malo e lelei,
Fakaalofa lahi atu, Taloha Ni,
Ni Sa Bula Vinaka,
Greetings and Welcome

Useful websites

National Women's Health
www.nwhealthinfo.co.nz

Family Planning
www.familyplanning.org.nz

Medsafe - NZ Medicines and Medical
Devices Safety Authority (Consumer
medicine information)
<http://www.medsafe.govt.nz/consumers/cmi/j/jadelle.pdf>

Information about your implant

Date of insertion _____

Your implant is called Jadelle. It works as a contraceptive straight away.

The 2 contraceptive rods have been put in under the skin in the inner aspect of your _____ arm.

- The gauze dressing can be taken off after 24 hours.
- The plastic dressing can be taken off in 4-5 days' time.

Contraceptive cover

- If you are having a Jadelle insertion after a termination of pregnancy or immediately after having a baby you will have contraceptive cover straight away.
- If you are having a Jadelle insertion between day 1 and Day 5 of your period you will have contraceptive straight away.
- Insertion at any other time in the cycle means that you will not be covered for 7 days so no sex or condom use during this time.

Checking the position of your implants

- After the plastic dressing comes off you should check that you can feel the 2 rods under the skin.
- If you are not able to feel them you will need to go to Family Planning or your GP to check the position.
- There may be some bruising, swelling or tenderness at the insertion site which is normal, this should settle in a few days.

What side effects might you have?

- After your plastic dressing comes off the small insertion scar should be healed over. If there is any redness or pain around the area, check this with your doctor.
- The commonest side effect is to have spotting bleeding in between your periods.
- This may improve with time but if it continues you may want to check this with Family Planning or your GP.

Removal of Jadelle

Jadelle provides contraception for up to 5 years but can be taken out at any time before this if you wish. You need to check if your GP does implant removal.

If not, you will need to go to a Family Planning clinic to have this done.

If your implant is not easy to feel under the skin Family Planning will organize a special scan to check the position which will help the removal process.