

Should you have any of the following symptoms before your next appointment with DAU or your LMC:

- Headaches
- Nausea and/or vomiting
- Persistent upper right abdominal pain
- Reduction of the normal activity of your baby or no fetal/baby movements
- Vaginal bleeding

Please contact:

Women's Assessment Unit (24hrs)

09 631 0784

Delivery Suite (24hrs)

09 32702888

Your LMC

Te Whatu Ora

Health New Zealand

Te Toka Tumai Auckland

Classification number: (Reviewed: December 2022)
Women's Health information Unit hiws@adhb.govt.nz

Te Whatu Ora
Health New Zealand

**Day Assessment
Unit: Patient
Information**

The most common reasons for referral to the Day Assessment Unit (DAU) are:

- Raised blood pressure
- Slow growth of your baby
- Patients on SGA pathway
- Observing your baby's fetal movements by CTG (increased surveillance)
- A review prior to your arranged induction
- Not enough fluid around your baby (Oligohydramnios) after your formal review by a clinician
- Twins/Triplets
- Turning breech babies (ECV)
- Iron Infusion
- Premature rupture of membrane (increased surveillance)
- Surveillance of cholestasis (itching) of pregnancy (after formal review)

You may have been referred for another reason.

Observations

At your appointment you may have some of the following observations performed, depending on the reason for your referral:

- Blood pressure checks
- CTG - monitoring of your baby's heart rate
- Urine test
- Blood tests
- Ultrasound examination of your pregnancy

You will be cared for by a midwife and may also be seen by a doctor.

The DAU is a room set up with 4 lazy boy chairs.

Please have breakfast before attending your appointment at DAU and keep up your fluids, unless advised otherwise,

After all the necessary observations have been completed you will be advised if and when you need to return for a subsequent appointment with DAU.

We will phone your Lead Maternity Carer (the midwife or doctor) to keep them informed of your plan.