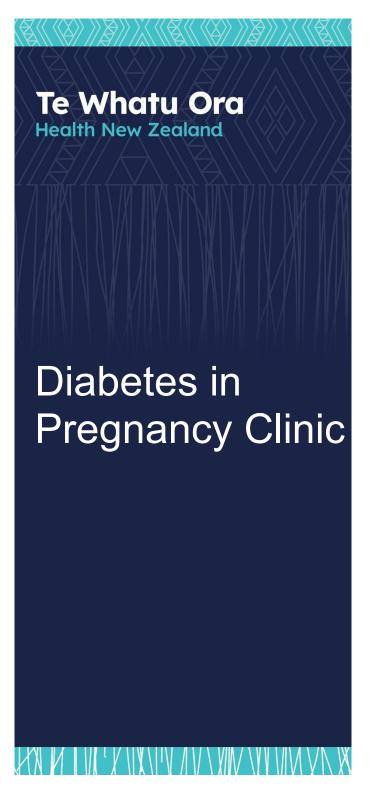
Midwife	Contact details
Gillian Guttenbeil	021 587 859
(team leader)	GGutten@adhb.govt.nz
Aida Siegers	021 408 645
	AidaS@adhb.govt.nz
Aleisha Cresswell	021 411 247
	aleishac@adhb.govt.nz
Amanda Luan	021 310 514
	Aluan@adhb.govt.nz
Breda Caiger	021 302 478
	BredaC@adhb.govt.nz
Cherry Probert-	021 415 951
Pascoe	CherryPP@adhb.govt.nz
Eirini Leontidou	021 398 196
	EiriniL@adhb.govt.nz
Janet Gorrell	021 311 568
	JanetG@adhb.govt.nz
Lucie Hrdina	021 825 424
	LucieH@adhb.govt.nz
Mary Seong	021 311 604
	MSeong@adhb.govt.nz
Mel Bradbury	021 410 697
	MelanieBr@adhb.govt.nz
Paula Robertson	021 310 788
	PRobertson@adhb.govt.nz
Rebecca Zhuang	021 309 928
	Rzhuang@adhb.govt.nz
Shaqaiak Masomi	021 199 3172
	ShaqaiakM@adhb.govt.nz

# Te Whatu Ora Health New Zealand Te Toka Tumai Auckland Classification number: WHD001 (Reviewed: November 2022)

Women's Health information Unit hiws@adhb.govt.nz



The Diabetes in Pregnancy team consists of obstetricians (doctors who look after your pregnancy), physicians (doctors who look after your diabetes) and medical registrars; diabetes midwives, dietitians, and a South Seas Healthcare Pacific Liaison.

## **Diabetes clinics**

The clinics are held on the following days and times:

Monday	9am - 12pm
	1pm – 4.30pm
Wednesday	8am – 2pm

# **Appointments**

Appointments may take up to 2-4 hours. At an appointment you will see multiple health professionals.

Please come prepared with a book, healthy snacks and water.

To check, change or cancel your appointment, please phone your Diabetes in Pregnancy scheduler and leave a message.

#### Scheduler

09 307 4949 extension 29657

## Receptionist

09 307 4949 extension 25920

# Things to Remember

- Please contact your diabetes midwife via phone or email at least once per week with your blood test results.
- Bring your glucose meter to each clinic appointment. Write your results down so that the diabetes team can track your progress.
- For repeat prescriptions and any nonurgent queries, contact the team between 9am-3pm, Monday to Friday.

# Care during birth

If you don't have a self-employed Lead Maternity Carer (LMC), obstetric and midwifery care will be provided by our Labour and Birthing unit staff.

## Care after birth at home

A midwife will visit you at home within 24 hours of being discharged from the hospital or Birthcare. If no one has visited you and baby during this period, let your LMC know.

# **Parking**

Wilson's carpark is located in the hospital grounds. Try Carpark A first then B. Alternatively there's meter car parking along Carlton Gore Road.

There is free 90 minute, 2 hour, and 3 hour parking in the Auckland Domain. Be aware that parking inspectors frequently monitor these areas.

# How to contact your Te Toka Tumai Diabetes in Pregnancy midwife

## Free phone

0800 728 4368

Monday to Friday, 9am – 3pm, give the operator your midwife's mobile number:

## Outside normal work hours

Do not text your midwife for any pregnancy emergencies or urgent diabetes concerns.

Contact your self employed LMC or contact WAU.

## Women's Assessment Unit (WAU)

Open 24 hours, 7 days a week
Outpatients Maternity and Newborn Ultrasound
Level 9, Support Building, Lift C (Orange)
09 631 0784