Clinical suspicion of gestational diabetes after 32/40

Start blood glucose testing QID
(Fasting and 2 hours after breakfast, lunch, dinner from start of eating)

Check results within 3-4 days
Target range:
Fasting <5.0
After meals <6.0

Blood glucose elevated
Several BGs higher than target range

Not sure
One of two BGs higher than target range

Blood glucose normal
All BGs in target range

Refer to Diabetes in Pregnancy service

Phone and discuss with diabetes midwife

Refer for obstetric consult (if additional concerns)
Include BG results with current growth scan (previous 2 weeks)

(up to 32/40 repeat OGTT)