

Clinical suspicion of gestational diabetes after 32/40

(up to 32/40 repeat OGTT)

Start blood glucose testing QID
(Fasting and 2 hours after breakfast, lunch, dinner from start of eating)

Check results within 3-4 days

Target range:
Fasting <5.0
After meals <6.0

Blood glucose elevated

Several BGs higher than target range

Refer to Diabetes in Pregnancy service

Not sure

One of two BGs higher than target range

Phone and discuss with diabetes midwife

Blood glucose normal

All BGs in target range

Refer for obstetric consult (if additional concerns)

Include BG results with current growth scan (previous 2 weeks)