Vulval Biopsy: Advice to women following a vulval biopsy

A small piece of tissue has been removed from the skin of your vulva. This piece of tissue will be sent to the laboratory for further examination to help reach a diagnosis of your skin condition.

Bleeding

- The area may bleed for a few minutes after the biopsy.
- If further bleeding occurs, lie down, put a pad or gauze swabs over the biopsy site and press firmly for at least ten minutes.
- If the bleeding continues please ring the hospital (contact details below) or your General practitioner.

Pain and healing

- The biopsied area may be a little tender for a few days.
- Be gentle with washing the area but wash as usual.
- If the area becomes very painful ring the hospital or your General Practitioner as this could be due to an infection.
- A scab will form over the biopsy site after a few days. This will lift off after about two weeks.

Contact details

If you have any concerns about the biopsy or require further advice, please telephone the Colposcopy Clinic between 8.30am - 4.00pm to speak to a nurse, on 631-0756, or telephone your GP.

If you require after-hours assistance, please phone the Women's Assessment Unit on 09 631 0784.

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